

## Morey Weekly Communications

### Week Beginning September 21 – September 25

Check out Morey's First Podcast on the new Off Track /On Track system:  
<http://morey.dpsk12.org/principal-podcast-9152015-on-track-off-track/>

### This Weeks Events & Announcements:

**Monday, September 21, 5:30 - 6:30pm, Morey HGT Orientation:** Morey Library

**Thursday, September 24, 9:15 -11:15am or 6:15 – 8:15pm: The first Superintendent Parent Forum** will be held at the National Western Complex, 4655 Humboldt St, Denver, CO 80216. The topic will be on The Denver Plan 2020 and the new Vision of the Graduate and Classroom. This is a special forum, open to ALL DPS parents.

### **Morey wants to introduce a new support role we have to offer our students.**

My name is Averill Hovey and I am a licensed professional counselor and art therapist. I have worked in schools for 15 years as a teacher, a coach, counselor and now a member of school support staff. I am here to help students achieve through supporting them through and providing them the tools to experience the social emotional challenges they might face. This includes helping them identify and cultivate protective factors that aid them in making healthy choices for themselves when they experience stress or hardship.

I am the Prevention Specialist, a new position within Denver Public Schools through the Office of Social Emotional Learning. I want to let you know about the programs I will be running this year at Morey, and also offer you some insight as to how I am going to be supporting students and school throughout this year. I am including my contact information so you might be able to connect with me with questions, concerns or feedback.

### What is a Prevention Specialist?

My position has been created to support schools in the design, implementation and evaluation of Multi-Tiered Systems of Support (MTSS) for substance use prevention and early intervention in DPS schools (grades 6-8). Services will range from prevention initiatives that impact entire school populations to targeted interventions with identified students who are in or are at risk of entering into the early stages of substance use. I will also offer alternatives to traditional disciplinary measures to substance related offenses.

### What I offer Morey Middle School.

I offer the **Brief Risk Reduction Interview and Intervention Model (BRRIM)** to students and families. This supports family development and assesses substance use risk while targeting necessary supports and teasing out appropriate referrals as needed.

I will be running **The Sources of Strength Project** which is a program that supports the development of healthy and trusting community through empowering youth through leadership, and establishing norms surrounding relationship development and systems of support.

**The Strengthening Families Program (SFP)** is a nationally and internationally recognized parenting and family strengthening program **for high-risk and general population families**. SFP is an evidence-based family skills training program found to significantly improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and to improve social competencies and school performance.

**Social Action Youth Council** is a program designed by Denver RAP (Resource for Awareness and Prevention) specifically for youth and teens as a starting point for their own social action campaign/ council. Everyone has the power to create change in their community. It might be a small change, like adding recycling bins to your community park; or it could be large, like changing your peers' attitudes about teenage drinking. No matter the size, every positive change is important, and is well worth the effort it takes to accomplish it. Each of these changes starts the same way: when someone who cares takes action.

## [After School News and More](#)

**[After School Clubs have started! All students are welcome to join!](#)**

**[Please note: Students are welcome to join Clubs at any time during the school year!](#)**

**[The Fall After-School Clubs schedule and other documents are available at](#)**

**<http://mnc.dpsk12.org/afterschool/>**. Copies of the schedule and other documents also are available on the board across from Room 102.

Remember – a pink Registration Form is required in order to participate, along with the fee or Scholarship Request form.

## [Clubs schedule for the week of September 21](#)

Monday: Academic Zone, Sports Zone, Robotics, Yoga

Tuesday: Academic Zone, Sports Zone, Minecraft, Art Club

Wednesday: Sports Zone, Swim, Gardening & Cooking, Drama/Improv, Rock Band Club

Thursday: Academic Zone, Sports Zone, Yearbook, National Novel Writing Month

Speech & Debate Club will begin on Thursday, October 1.

Please contact Meryl Icove, Coordinator, Morey After School Clubs & Morey Neighborhood Center, [meryl\\_icove@dpsk12.org](mailto:meryl_icove@dpsk12.org), if you have any questions.

## [Yearbook Club Wants You!](#)

Are you interested in creating something really memorable? Do you like taking action photos of friends, sports, and activities? Are you a writer looking for a creative outlet or interested in an amazing desktop publishing program? Then Yearbook Club is where you need to be! We need lots of students to help create Morey's 2015-2016 Yearbook, so please join Yearbook Club. We meet Thursday after school in room 106. See you on Thursday, geniuses!

## [Morey Neighborhood Center Youth Drop-in Program](#)

Morey Neighborhood Center (MNC) offers a FREE Drop-in Recreation Program for youth grades 6-12. We use the facilities here at Morey Middle School to provide activities for youth, including basketball, swimming, games, or just hanging out.

Youth hours are Mondays and Wednesdays, 4:15-7:30 pm.

The same Registration Form as the Clubs form is required. <http://mnc.dpsk12.org>

## Athletics News

**Skinner is offering physicals to students on Tuesday from 5-8 pm for \$20. If you are interested, call Ellen Grosso at 720-423-4242.**

Flag Football and Girls Volleyball start try-outs on September 28th. The first games will be played on October 14th. If you are interested in participating make sure to get your updated physical to Mr. Rose or email it to him at [Timothy\\_Rose@dpsk12.org](mailto:Timothy_Rose@dpsk12.org)

## Morey Soccer

- **NEXT GAME: Wednesday September 23rd vs. Grant @Grant 3:45pm**
- PRACTICE: will run the course of the season on Mondays, Tuesdays, Thursdays and Fridays. 3:15-4:45pm
- Check out the Morey website: All games thus far have been added <http://morey.dpsk12.org/athletic-programs/boys-soccer/>
- If you have questions please email Coach Herrmann at [Christopher\\_Herrmann@dpsk12.org](mailto:Christopher_Herrmann@dpsk12.org).

## Morey Cross Country

**Next Meet is on Tuesday, Sept. 22, at 4:00pm, at Harvard Park. Come Cheer our Fabulous Mustangs!** Questions please contact Anna Trexler at [anna\\_trexler@dpsk12.org](mailto:anna_trexler@dpsk12.org)

## Save The Date

**Tuesday, October 6, Teach to One Showcase:** Night will take place in the cafeteria and the Math Center Hallway.

**Friday, October 9, Principal Coffee:** Morey Library

**Monday & Tuesday, October 19 & 20, NO SCHOOL:** DPS planning and assessment days

**Wednesday, Oct. 21: Morey CSC Meeting: 4:15 – 5:45 pm: Large Conference Room**

**Friday, Oct. 30, Principal Coffee: 8:00 – 9:00, tentative location: Morey Library**

**Help Give back to Morey while you shop! It's that easy! CARDS ARE STILL AVAILABLE!**



**For Amazon:** click on the following link, if you have an account with Amazon already, this link will automatically connect all your purchases to Morey Middle School. <http://smile.amazon.com/ch/20-1949835>

**For Safeway:** come into Jeannette Ekstrand's office and pick up a Safeway card. It takes just \$5 to get started and Morey earns 5% on all purchases. You add the amount to the card that works for you and shop away!

**For King Soopers: Cards are available!** come into Jeannette Ekstrand's office and pick up a King Soopers card, It takes just \$5 to get started and Morey earns 5% on all purchases. Then, you add the amount to the card that works for you and shop away!

**For Box Tops:** Clip and save and when you accumulate a lot, drop them by Jeannette's office.

**Thanks for Caring!**

**Morey Weekly Announcements now on the Morey website under the Parents Tab: [morey.dpsk12.org](http://morey.dpsk12.org)**

**Also, check our Facebook page for a direct link to the announcements.**

**As always, feel free to get in touch with me if you have questions or concerns.**

**Jeannette Ekstrand, Morey Middle School Family Services Liaison. 720.424.0737 or**

**[Jeannette\\_ekstrand@dpsk12.org](mailto:Jeannette_ekstrand@dpsk12.org)**